

Helping children to deal with accidents and emergencies

A basic first-aid course could make all the difference

First Aid Awareness Workshop for Children and Young People.

Training children and young people in 1st Aid increases their self esteem by equipping them with an understanding of what to do in an emergency situation. This fun and fact filled 2 hour session introduces simple life saving techniques and will give children and young people the confidence to deal with many potential accidents that happen in the home, park and everywhere.

At the end of the workshop children and young people will know what to do in an emergency including;

- What to do in an emergency situation
- Caring for an unconscious child/person
- Dealing with burns and scalds effectively
- React promptly and effectively to choking
- Treating wounds, bleeding and insect bites
- Perform child CPR.
- Cope with infantile convulsions



All our courses are delivered by registered first aid trainers to groups of up to 12 children in your own setting. This is a non certified course.

Cost is £90 per group of 12 and includes all support materials and HiMATS certificates. We can provide 2 trainers working together for groups between 13 – 24 children.

To book and reserve your place call now
Tel: 01463 258832 Email: info@himats.org.uk

